

## Marriage Enhancement is about Building Marital Skills

The whole concept is to give you the tools to make your marriage the best it can be. These concepts can help wherever your marriage is. It can even make a good marriage great

Workshops happen in a group setting, where people who are committed to building better relationships come together in a supportive manner. No one is pressured into revealing deep feelings or secret thoughts. Instead, you will learn straightforward skills to improve your quality of life.



### Now, Where is My Saw?

Would you set out to build something without the right tools? Unfortunately this is how many people begin their marriages. No one at the wedding gives the bride and groom a how-to manual. That's where we come in. By providing the right tools and training, we offer couples the skills and opportunity to develop their own how-to manuals.

## TOOLS:

### 1. Men and women are different

Yes we all know the anatomical differences but there is so much more! We have different needs, expectations and even talk and listen differently.



### 2. Communication

Since men and women speak with their own unique filters, we need to understand and adapt our thinking so our spouse will receive the correct meaning of what we are saying. For instance if a man says he doesn't have anything to wear means that he has nothing clean to wear. When a woman says that, she is off to the mall for new clothes.

### 3. How to have a fight and both win.

We will give you the tools to be able to have a disagreement and yet not disagreeable. The Speaker/Listener Technique and WII are ways to diffuse heated conflicts that can harm relationships. This skill helps you say what you really mean and helps you understand what our partner means, by taking the mystery out of communication.

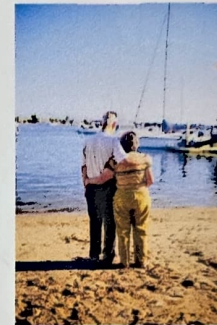
### 4. Fun, friendship and intimacy

Just as important as commitment and sacrifice, fun can be a relationship's umbrella protecting it

against time and the elements, Without it what do you really have? Life is too short to not enjoy living. You have to be committed to keeping fun and intimacy in your relationship.

### 5. Commitment

This will help you think of your relationship as a life long investment, where the long-term benefits far outweigh any small, short-term sacrifices. When you invest in your relationship like you do in school to receive your diploma, or advance in your career, it is amazing how good your relationship can really be.



### Give It To Me Straight

This is a straightforward, uncomplicated Biblical approach to improving marriage and relationships. It provides you with simple, concrete skills you can use to enhance or improve our life. These skills are easy to put into practice, practical for every relationship at any stage of your marriage